

Matteo Niglio

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Work experience

06/2011 -

Terre dei Consoli Golf Club

Golf Teaching Professional – Resident Pro & Fitness Coach

- person in charge for softwares utilization in Golf Studio Academy
- corporate golf clinic
- junior club
- individual lessons
- personal trainer (TPI expert)
- daily use of teaching aids like: impact bag, eye-line, path-finder, position mat and SuperSpeedGolf System

02/2010 – 04/2010

Terme di Saturnia Golf Club

Golf Teaching Professional

- individual lessons
- Alberto Croce's assistant (n°1 short-game teacher in Italy)

09/2008 – 01/2010

Golf Club Viterbo

Golf Teaching Professional – Head Pro

- individual lessons
- director of golf
- junior club
- person in charge for club competitive team

10/2007 – 05/2008

Golf Club Centro d'Italia

Golf Teaching Professional

- individual lessons
- junior club

06/2007 – 09/2007

Monte Cimone Golf Club

Golf Teaching Professional – Head Pro

- individual lessons
- junior club
- person in charge for club competitive team

Education

10/2005 – 03/2011

**Istituto Universitario di Scienze Motorie (IUSM),
Foro Italico of Rome**

Degree in Sport Science

- courses in anatomy, sport biomechanics, psychology, training methodology, injury prevention and nutrition
- dissertation about “Golf Warm-Up: preventive aspects for improving performance”

05/2007 – 09/2011

Scuola Nazionale di Golf (SNG) of Italy

Master Golf Instructor

02/2014 – 02/2015

Club Managers Association of Europe (CMAE)

Club Manager Diploma

- competencies in all aspects of club management: club governance, accounting and financial management, human and professional resources, marketing, food & beverage management, leadership, inter-personal skills

Certification



Skills

- Golf professional with ten plus years of experience teaching golfers from beginners to tour players
- High communication skills, engaged in building long-term development programs
- Outstanding tenant, members and employees relations
- Specialized in junior group lessons and in organization of corporate golf clinics
- Experienced in use of 2D and 3D analysis softwares and launch monitors: Dartfish Pro, VI Pro, Sam Putt-Lab, K-Vest, BodiTrak, Flightscope and Trackman
- Interested in marketing management to offer outstanding service
- Great writing skills for articles and editorials of golf technique and fitness
- Expert in personalized fitness programs for physical performance: mobility, stability, strength, power and golf swing corrections
- Experienced in use of: TRX, RIP Trainer, Bosu, kettlebells, battle rope, fit-balls, med-balls, yoga foam roller and massage bar
- Running from March 2017 my YouTube channel where i publish weekly videos about different aspects of golf world (<https://m.youtube.com/user/nigliogolfshow>)